

April
2016

Contents:

Page 1

- **Cooking From the Heart!!**
- **Activities and Events**
- **Animal of the Month**

Page 2~3

- **April Highlights**
- **April Birthdays**
- **New Residents**
- **Kokoro Updates**
- **Meetings with Senior Staff**

Page 4

- **Employee of the Month**
- **April Quote**
- **Acknowledging Our Supporters**



Tanuki

**April 2016
Animal of the
Month**

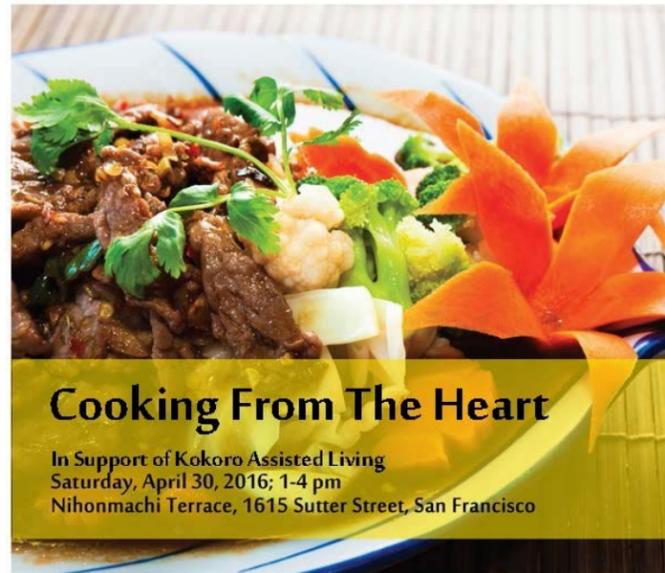


KOKORO

ASSISTED LIVING FOR SENIORS

**Inside
Kokoro**

Cooking From the Heart



Cooking From The Heart

In Support of Kokoro Assisted Living
Saturday, April 30, 2016; 1-4 pm
Nihonmachi Terrace, 1615 Sutter Street, San Francisco

Don't miss a delicious opportunity to help improve the lives of the residents in Kokoro by supporting the annual Cooking From the Heart fundraising event to be held on April 30, 2016 at 1pm. You can support the event by becoming an event sponsor, buying tickets to attend the event, and by buying raffle tickets. Don't miss this delectable annual event. Contact Kirk Miyake or Jimmy Murota for reservations or more information. (See pg. 3 for list of celebrity chefs)

Domo Arigato CFH Sponsors! Thank you!

Chef Sponsors \$5,000

- The Mervyn L. Brenner Foundation, Inc.
- Japan Center Garage Corporation
- JARF Housing
- Larry & Vickie Yamaoka

Wine Sponsors \$2,500

- Heffernan Insurance Brokers
- NCPHS
- On Lok
- Union Bank

Patrons \$1,000

- Arguello Pet Hospital

Friends \$500

- Moriwaki Imai & Fujita, Inc.
- John & Sue Muranishi
- Sharon Yow & Wilson Tang

Supporters \$250

- Benkyodo Company
- J-Sei Inc.

Wine Provided by

- Judy Hamaguchi & Vickie Ina



Donations Wish List

- Japanese Teas:
 1. Gyokuro-cha
 2. Matcha
 3. Kuki-cha
- Bingo Prizes
- DVD Movies, both English & Japanese

Volunteers needed

- **April 17 (Sun)**
9:00am - Escorts for Senior Appreciation Brunch at Hotel Kabuki
- **April 17 (Sun)**
1:00pm—Escorts to Cherry Blossom Parade viewing.
- **April 20 (Wed)**
10:00am—Escorts for Bus Trip to Sausalito and Tiburon
- **Activity Leaders or Helpers** - call for more information



Kokoro is owned by KALI and managed by NCP Senior Ventures, LLC

**Cooking Class:
Takoyaki (Octopus Balls)
April 6 (Wed) at 3pm**

Join this class to create the unique snack food known as Takoyaki (Octopus balls). Originating on street carts in the bustling city of Osaka, Japan this tasty treat will bring a smile to your face.



**Cherry Blossom Festival
Senior Appreciation Brunch
April 17 (Sun) at 9am**

Enjoy a delicious brunch at Hotel Kabuki and honor our own Sumi Suda for her impressive volunteer efforts at Kokoro. Kokoro will join with other senior service agencies across the SF Bay Area to honor all seniors.

**Cherry Blossom Festival
Grand Parade Viewing
April 17 (Sun) at 1pm**

Sign up now and get a front row seat to view the dazzling Cherry Blossom Festival Grand Parade. Kokoro will have some special reserved seats ready for you so don't miss all the floats, bands, dancers, and the colorful Taru Mikoshi,



**Bus Tour to Treasure Island
and Takara Sake Museum
April 20 (Wed) at 10 AM**

Sign-up now to reserve your seat on our chartered ADA-compliant minibus (with wheelchair lift) for trip across the Bay Bridge to Treasure Island and then tour of the Takara Sake Museum and tasting room in Berkeley.

This activity is made possible by your generous donations to Kokoro's Activity Fund. THANK YOU!!!

April Birthdays



4/13 Shinji Nakamura
 4/30 Chiyoko Fukumoto

New Residents



#302..... Ed Nishi
 #209..... Bob Lindner

Cherry Blossom Festival



The Northern California Cherry Blossom Festival® will celebrate its 49th year, and is one of California's most prominent celebrations of Asian traditions. Each year, over 200,000 people attend this dazzling display showcasing the color and grace of the Japanese culture and the diversity of the Japanese American Community. The event is free and open to the public and Kokoro residents can join in a variety of ways. The 2016 Northern California Cherry Blossom Festival® will be held on Saturday and Sunday **April 9-10 and April 16-17, 2016.**

Kokoro Update

Kokoro residents join with the Japantown community to honor Kokoro Resident Sumi Suda, who volunteers as Resident Council president and advocates on behalf of residents with senior staff and the Kokoro Board of Directors meetings.



Sumi will be honored at the annual Cherry Blossom Festival Senior Appreciation Brunch on April 17. Sign up now at the front desk to attend the Senior Appreciation Brunch (at no cost to Kokoro Residents) at 9am on Sunday, April 17.

THANK YOU SO MUCH SUMI FOR ALL YOU DO!

Meetings w/ the Directors

April 4 Dining/Food
 April 24Marketing
 April 23 Resident Care
 April 21Executive Director
 April 21Activities

Cooking From The Heart

Cooking From the Heart Celebrity Chefs

Taka Nagamine Head Chef at Kokoro Assisted Living - Sushi Special

Zane Matsuzaki - Former Head Chef Café Riggio -- Calamari Salad

Arisa Takahashi -- People's Choice winner of JARF Curry Cook Off --Vegetarian Curry

Rodney Yano - Soy and Tofu Dessert Competition Finalist --Strawberry Haupia Pie

General Reservations: \$100 per person or \$175 per couple

Kokoro Residents: \$50 per person

Raffle tickets are now on sale.

Contact Us

Mobile Phone Hotline:
 415-286-6764
 (Direct to Lead Res. Asst.- Anytime)

Main Telephone Number
 415-776-8066 or 415-674-4276

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Director of Dining/Housekeeping
 Roddy Kodama-Ext. 13
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Director of Activities
 Richard Grange -Ext. 15
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Director of Resident Care
 Naoko Jones-Ext. 16
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Employee of the Month



Vangie Cruz
March 2016

April Quote

The first of April is the day we remember what we are the other 364 days of the year.

- Mark Twain -



Rev. Kawahatsu (standing in background) leads his popular "Calligraphy and Laughter" class at Kokoro.

**Acknowledging Our Supporters
Thank you very much!**

- ACCESS Volunteers
- Amy Hanamoto
- Angela and Fillmore
- Betty Tsugawa
- Chiyoko Fukumoto
- Claire Okuyama
- Denise Teraoka
- Emiko Tom
- Emiko Ogawa
- Hajime Tada
- Hefferman Foundation
- Hisako Yamaguchi
- Jack Dairiki
- Japanese American Religious Federation
- Jerry Bolick
- John Tsukahara
- June Kawaguchi
- June Pramualphol
- Kaeko Inori
- Kinya Matsuno
- Lara and Billie/Aurora
- Larry & Vickie Yamaoka
- Linda Yamane
- Lois Ohwa
- Margaret Fujikawa
- Margaret Harada
- Michi Tashiro
- Nagata Dance Studio
- Noriko Kashiwabara
- Rev. Rodney Yano
- Robert & Delphine Obana
- Rose Ichiyasu
- Sachiko Matsumura
- Setsuko Nakahara
- Sharen Langewisch
- Shinji & Sumiko Nakamura
- Sharon M. Fujii
- Suzanne Yamada

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